

# Open Swim Schedule

September 7, 2010 . June 10, 2011



All times are subject to change without notice

	<b>Monday</b> Building open 5:15 am	<b>Tuesday</b> Building open 5:15 am	<b>Wednesday</b> Building open 5:15 am	<b>Thursday</b> Building open 5:15 am	<b>Friday</b> Building open 5:15 am	<b>Saturday</b> Building open 6:45 am	<b>Sunday</b> Building Open 4:45pm
<b>Adult Lane Swim</b>	12:00-1:00pm	11:30-1:00pm	12:00-1:00pm	11:30-1:00pm	12:00-1:00pm	No Swim	<b>Starts 10/17</b> 2:00-4:00pm <b>Starts 9/12</b> 5:00-7:00pm
<b>Combo Swim</b>	<u>7:00-8:00am</u> 2:00-3:00pm*	7:00-8:00am 2:00-2:30pm	7:00-8:00am	<u>7:00-8:00am</u>	<u>7:00-8:00am</u> 2:30-4:00pm*	No Swim	
<b>Early Bird Lane Swim</b>	5:30-7:00 am	5:30-7:00 am	5:30-7:00 am	5:30-7:00 am	5:30-7:00 am	No Swim	
<b>General Swim</b>	6:30-7:30pm*	No Swim	6:30-7:30pm*	No Swim	4:00-5:00 pm*	No Swim	Members Only \$10.00 Per Family! Non-Member Family price \$25.00
<b>2 Lane Lap Swim</b>	<u>8:00-9:00am</u> 4:00-6:30pm*	<u>8:00-9:00am</u> 4:00-6:45pm*	<u>8:00-9:00am</u> 4:00-6:30pm*	<u>8:00-9:00am</u> 4:00-6:45pm*	8:00-9:00am	7:00-8:00am	
<b>1 Lane lap</b>	No Swim	No Swim	No Swim	No Swim	No Swim	8:00-9:00am	
<b>Therapeutic Swim</b>	1:00-2:00pm	1:00-2:00pm	No Swim	1:00-2:00pm	4:00-5:00pm*	No Swim	
<b>Women's Swim</b>	11:00-12:00am	No Swim	10:30-11:30am	No Swim	1:00-2:00pm	No Swim	
<b>Fun - Time Splash</b>	No Swim	No Swim	2:00-4:00pm*	No Swim	5:00-6:30pm*	12:00-1:00pm	

\* These swim times may change October through mid February due to High School Swim Season

## YWCA Open Swim Fees

	<b>1 Year</b>	<b>3 Month</b>	<b>1 Month</b>	<b>Member Free</b> with basic membership	<b>Non-Member Fee</b>
Child - 6 months to 12 years	\$85	N/A	N/A	\$3.50 per swim	\$10.00 Daily Rate
Youth - 13 years to 17 years	\$140	\$45	\$25	\$3.50 per swim	\$10.00 Daily Rate
Adult - 18 years to 59 years	\$265	\$95	\$35	\$3.50 per swim	\$10.00 Daily Rate
Senior - 60+ years	\$215	\$85	\$30	\$3.50 per swim	\$10.00 Daily Rate
<b>Family</b> 4 children and up to 2 adults living in the same household	\$475	\$200	\$70	Fun -Time - Splash \$10 per family	Fun - Time - Splash \$25 per family

# September 7, 2010 - June 10, 2011

## Descriptions of Open Swim

**Adult Lane Swim:** 16 years of age and older for lap swim

**Combo Swim:** Combination of lane swim (2 lanes in) and general swim.

**Early Bird Lane:** Lanes available for lap swim

**General Swim:** Open to the public, all ages

**Therapeutic Swim:** People with disabilities and/or chronic illness who would benefit from water exercise. This is a grant funded program and is sponsored by the YWCA. Cost to participate is \$3.00 per person.

**Women's Swim:** For women of all ages and for female guardian and male children under age 5. 3 lanes in for laps, remainder of the pool open.

**2 Lane Lap Swim:** 2 lanes available for lap swim. Participants need to be able to swim continuous laps.

**5:30am Swim:** 16 years of age and older for lap swim

**Fun-Time Splash:** Combination of lane swim (2 lanes in) and general swim, cost of swim is only \$10.00 per family for members and only \$25.00 per family for non-members!

## Open Swim & Locker Room Age Requirements

### **Ages 7 & under:**

Parent must go into the water with child  
Child may use any locker room with adult supervision

### **Ages 8 & 9:**

Parent must stay in the building. Child may go into pool alone only if able to swim without floatation  
Child must use companion locker room or gender appropriate locker room.

### **Ages 10 & Up:**

May be in building by themselves  
Must use gender appropriate locker room

YWCA is Closed on.  
11-25-2010 Thanksgiving  
12-25-2010 Christmas  
1-1-2011 New Years Day  
5-30-2011 Memorial Day

## **HAZARDOUS WEATHER POLICIES:** In the event that a storm involving lightning

in the immediate area, the YWCA staff will clear the pool. Patrons will not be allowed to return to the pool until 10 minutes after the last lightning strike.

*During inclement weather the YWCA of Central Maine will post late opening, early closings and closing statements on local TV channels 6, 8 and 13. The YWCA will also change its ext. 110 answering service message with this information. To access this line please dial 795-4054 ext. 110*

The YWCA may change the swim schedule for any unforeseen reasons or close the pool at times for the safety of the swimmers. We are sorry for any inconvenience this may cause.

The YWCA Aquatic Department will offer special pool schedules on some holidays, school vacations and holidays

YWCA of Central Maine  
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Lewiston, Maine 04240  
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[www.ywcamaine.org](http://www.ywcamaine.org)

## **HOURS OF OPERATION**

Monday 5:15am-8:00pm  
Tuesday 5:15am-8:00pm  
Wednesday 5:15am-8:00pm  
Thursday 5:15am-8:00pm  
Friday 5:45am-6:30pm  
Saturday 6:45am-1:00pm  
Sunday Varies by season